

Dear Berryhill Elementary Parents:

We know this is an uncertain time for us all and we are treading through uncharted waters. We want to first and foremost wish you and your family health and happiness throughout this pandemic and to thank you for your support and partnership in keeping students safe physically and mentally throughout these trying times. For YOUR sanity, we have compiled a list of resources as a way to keep students' brains active and growing throughout this extended break. Please understand that none of this is required, we just wanted to provide some optional ideas and resources to help your family during this time. There is an example schedule that could help in keeping kids on a routine and help parents balance the academic time, outdoor time, screen time, creative time, and down time for kids at home. ALL of these are important for overall health and growth of our children! Please don't hesitate to dojo teachers if you need help with these resources, or e-mail your principal with questions. We may not have answers, but will do our best to find them. Good Luck, we miss your kiddos already, and you are in our prayers.

Sincerely,

Julie Belk
Mrs. Belk

Kye Payne
Mrs. Payne

Example Daily Schedule:

***Make this your own to meet the needs in your household. Just try to keep a good balance☺.**

Before 9am	Wake-Up	Eat breakfast, make bed, get dressed
9am-10am	Exercise and Fresh Air	Walk, Hike, Bike, Hoops, Yoga or Go-Noodle if raining
10:00-11:00	Academic Time	Online Learning Programs Flash Cards (math facts, sight words) Writing (reports, letters, journaling) Virtual Field Trips and Research
11:00-12:00	Creative Time	Crafts, Drawing, Painting, Legos, Music, Cooking, Baking, Building
12:00-12:30	Lunch	
12:30-1:00	Chores	*including but not limited to wiping down tables, desks, chairs, door knobs, light switches, faucets, toilets.
1:00-2:30	Quiet Time	Reading (is a must), Puzzles, Nap, Dolls, Cars, etc.
2:30-4:00	Academic Time	Online Learning Programs Flash Cards (math facts, sight words) Writing (reports, letters, journaling) Virtual Field Trips and Research
4:00-5:00	Exercise & Fresh Air	Walk, Hike, Bike, Hoops, Yoga or Go-Noodle if raining
5:00-6:00	Dinner	
6:00-8:00	Free Time	Electronics, TV, Play, Family Games
8:00-8:30	Bedtime	For kids
9:00-9:30	Bedtime	For kids who followed their daily schedule and didn't fight.

**Parenting Tips for Corona Virus Times:

<https://www.cpr.org/2020/03/17/what-to-do-with-kids-at-home-on-coronavirus-break-mental-health-for-parents-too/>

The Yucky Bug - A child's perspective of the Corona virus - written and illustrated by elementary students (great for elementary age children to watch) <https://www.youtube.com/watch?v=ZD9KNhm0CV4&feature=youtu.be>

Academic Time - Online Learning Programs:

www.istation.com

Grades K-6

Reading and Math. This is a program we use weekly, if not daily, at school.

Each student should know their login. If not please send their teacher a message on Class Dojo.

****When they first log in, it will ask you to agree to terms. You will then have to click the "Download IStation" button and choose which platform you will be using. There are also pdf technical guides out beside each platform to help walk you through downloading the program. If given the choice, you will choose to "install" then choose "default" and then will type in our domain berryhillsouth.berryhill.ok Once the program is downloaded, you should see it on your desktop. If not, you can search for it in the startup menu, then right click and chose create a shortcut. Always make sure our domain "berryhillsouth.berryhill.ok" shows up above the username and password boxes on the login screen. Feel free to dojo teachers if you have questions or need help.**

www.abcmouse.com/redeem

code: SCHOOL6346

Grades PK-2

www.adventureacademy.com/redeem

code: SCHOOL6346

Grades 3-8

www.readingIQ.com/redeem

Code: SCHOOL6346

Grades PK-6

YouTube Search Resources:

Jack Hartman

Art for Kids Hub

Mystery Doug

Discovery Lab

Go Noodle

Singing Walrus

Storytime at Annie's House

Art for Kids Hub

Crash Course Kids

Kids Academy

Brain Stuff

Flowcabulary

Kids Learning Tube

Ted-Ed

Homeschool Pop

Educational Websites:

Mixed Content and Subjects

Grade Level Relief Packets - Writing, Phonics, Science, Math, Reading, English, Social Studies

<https://www.havefunteaching.com/resources/relief-packs/www.starfall.com>

Grade Specific - bundles of resources with weekly learning materials and skills practice - www.education.com

Reading and Language Arts

Scholastic Learn at Home - provides children with 20 days of exciting articles, stories, videos, and fun learning challenges. Children can complete them anytime, in any order. Active learning journeys are available on any device and will provide your child with up to three hours' worth of exciting learning experiences per day.

<https://classroommagazines.scholastic.com/support/learnathome.html>

Math

Math Card Games - <https://www.weareteachers.com/math-card-games/>

Rocket Math Fact Fluency Games - Free 60 Day Trial - <https://admin.rocketmath.com/register>

Rocket Math Fact Fluency Worksheet Subscription -\$1 for 60 Days

<https://www.rocketmath.com/members/signup/mathfacts-universal-3mo-100www.brainpop.com>

Virtual Field Trips

33 National Parks via Google Earth -

<https://totallythebomb.com/heres-33-national-park-tours-you-can-take-virtually-from-the-comfort-of-your-home>

20 Art, Museum, Zoo, Aquarium, and Travel Field trips to take with kids (and activities to go along with them)

<https://adventuresinfamilyhood.com/20-virtual-field-trips-to-take-with-your-kids.html>

San Diego Zoo - <https://kids.sandiegozoo.org/>

Yellowstone National Park - <https://www.nps.gov/yell/learn/photosmultimedia/virtualtours.htm>

Mars - <https://accessmars.withgoogle.com/>

Houston Zoo Animal Cams - <https://www.houstonzoo.org/explore/webcams/>

Farm Food Tours - https://www.farmfood360.ca/?utm_source=domain&utm_campaign=www.virtualfarmtours.ca&utm_medium=redirect

The Great Wall of China - <https://www.thechinaguide.com/destination/great-wall-of-china>

Boston Children's Museum - <https://www.bostonchildrensmuseum.org/museum-virtual-tour>

Miscellaneous Other Resources

Science - www.kids.nationalgeographic.com

www.hourofcode.com

Social Studies - <https://socialstudiesforkids.com/>

<https://www.ducksters.com/>

Drawing - <http://www.harptoons.com/>

<https://artprojectsforkids.org/>

Typing/Handwriting - www.typingpal.com

<https://www.typingclub.com/>

*www.lwtears.com

Early Learning - *www.lwtears.com

www.pbskids.com

<https://www.starfall.com/h/>

Music - www.musicplayonline.com

www.classical.org

www.carnegiehall.org

Physical Activity - www.gonoodle.com

www.thebestideasforkids.com/indoor-activities-for-kids/

Emotional Support - www.msn.com

<https://www.soarwithwings.com/videos/virtual-field-trip>

Visual Support Resources -

www.smartysymbols.com

Speech Resources - www.speechtherapy.com

www.mommyspeechtherapy.com

Podcasts for Kids - <https://www.common sense media.org/blog/the-best-podcasts-for-kids>

*to access www.lwtears.com you will need to start by clicking on the "A Message from our CEO" button.